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### **Introduction:**

This football program is a partnership between the South Eastern Piranhas FC Inc and The River Plate Oceania Inc.

Players attending this program must observe the South Eastern Piranhas FC requirements to take part in the 2011 season.

We recommend that players train during the spring and summer accordingly as per recommendations, to be considered for club squads in the coming season.

In the 2010 season 95% of the players who played at the Piranhas were drawn from the spring and summer trainings.

*Under 9's; a minimum of 2 trainings plus the game per week or 3 trainings*

*Under 10's to Under 13's: A minimum of 3 trainings plus a game per week.*

*Under 14's to Under 18's: A minimum of 4 trainings a game per week.*

## **2010 Spring Training Program**

### **STARTS 30th August 2010**

### **FINISHES 19<sup>TH</sup> December 2010**

### **16 Weeks**

### **West:**

#### **Monday and Wednesday Saturday:**

**Venue: East Keilor Leisure Centre:** 84 Quinn St Grove, East Keilor

This Synthetic ground will be available to us from Monday September 6<sup>th</sup>.

Monday: 6:00 pm till 8:00 pm

Wednesday: 6:00 pm till 8:00 pm (Available from the 15<sup>th</sup> September 2010)

Saturday: 2:30 pm- 4:30 pm

Ages: 10-14 years old

*Please notice that Players registered in the western region are also allowed attend all other advertised session with River Plate in other regions.*

### **South/ East**

#### **Monday, Tuesday, Thursday:**

**Venue: Lemnos Football grounds,** Corner of Springvale Rd and Governor Rd, Keysborough,

1<sup>st</sup> Class: 7-11 years old, starts: 5:00 pm till 6:30 pm

2<sup>nd</sup> Class: 12-18 years old, starts: 6:15 pm till 8:15pm

#### **Saturday:**

**Venue: Thomas Mitchell Primary School,** Thomas Mitchell Drive, Endeavour Hills

1<sup>st</sup> Class: 12- 16 years old, Starts 8:30 am till 10:30 am

2<sup>nd</sup> Class: 7-10 years old, starts 10:45 am till 12:15 am

#### **Sunday: Tournaments, Games or beach training**

**Venue: Edithvale Beach,** Edithvale Rd and Nepean Hwy

Starts: 9:00 am till 11:00 am for all age-groups.

## East

### Saturday:

**Venue:** Parkhill Primary School, Parkhill Drive, Ashwood  
10-12 years old, starts 10: 45 am till 12:15 am

**NOTICE: Bookings are essential!! Fill out the registration form provided in the website and email to: [riverplateaustralia@hotmail.com](mailto:riverplateaustralia@hotmail.com)**  
**Trainings and venues will be added accordingly to accommodate the increasing demand for coaching.**

### River Plate Membership:

Under 9's: \$475 for 16 weeks of training= 48 sessions +/- 12 players per class.  
Under 10's to Under 14's: \$600 for 16 weeks of training= 64 sessions +/- 15 players per class  
Under 15's to Under 18's: \$600 for 16 weeks of training= 80 sessions +/- 20 players per class.

**Please advice:** Please notify Rosemary by email: [arachi36@hotmail.com](mailto:arachi36@hotmail.com), when you make a payment, so you don't get a remainder sent to you, when you have already paid.  
Thank you for your support in this matter.

**Cheques:** must be made to: **River Plate Oceania Inc**  
Postal Address: PO BOX 79 Olinda, 3788 Victoria

**Electronic banking account:** *National Australia Bank*  
BSB: 083-293  
Account Number: 79-061-5674

**Cash Payments** are accepted in a sealed envelope with player's details.

**Fees: MUST BE PAID AT THE BEGINNING OF THE PROGRAM**, or as previously arranged with management.  
Thanks for your support on this matter.

**New- members:** All players must wear River Plate training uniform during classes.  
Price: \$85 includes top, shorts and socks

**Insurance:** All players training with River Plate Oceania Inc and the South Eastern Piranhas FC are insured with Sportscover Pty Ltd.

**Injuries are preventable:** For more information visit: [www.lifecare.com.au](http://www.lifecare.com.au)