



River Plate Oceania Inc
CA River Plate Official branch Australia
"By Far the Greatest"

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Program outline:

The River Plate program in Australia is based on C.A River Plate coaching fundamentals, methods and practices.

It is our aim to help young players to acquire the necessary skills to play football competitively, and to identify players who can develop into potential professionals at the highest level.

The River Plate Oceania in conjunction with CA River Plate has developed in Australia the necessary scouting system, coaching infrastructure, player management/ marketing services and an international network, to offer Australian players an alternative avenue in their quest of becoming professional players.

Who can attend our trainings?

There is a place for players of all levels at River Plate, the only general attitudinal pre-requisite is that players have the natural desire to improve and they are prepared to put in the time and required effort.

Players are encouraged to become part of a socially approachable group, and all coaches are instructed to create a warm social environment where respect is at the centre of the player's the learning football experience.

Naturally gifted players at River Plate can be offered scholarships, and the opportunity to travel and to secure an invitation to train and play with CA River Plate of Argentina.

Traditionally, Australian players saw European clubs as the final destination to secure a financial future. This concept has its merits and it is still one of our main goals, but South America, it is in our view, the best place in the world to experience quality football and to accelerate a player's learning curve due to the advanced technical/tactical awareness and a highly competitive junior, youth and senior football environment.

It is the dream of every South American player and some of our Australian players now to train and to play for a big club and it don't come any bigger than CA River Plate.

CA River Plate was once the home of many current international Superstars like Javier Mascherano(Liverpool), Javier Saviola(Barcelona/Real Madrid) , Pablo Aimar(Valencia/Zaragoza/benfica), Gonzalo Iguain (real Madrid), Hernan Crespo (Chelsea/ Inter) Lucho Gonzalez(Porto),) Ariel Ortega(ex-Valencia /Sampdoria/Parma), Juan Pablo Sorin(Lazio/Barcelona /cruzeiro) Marco Ruben(Villareal), Roberto Ayala(Napoli/AC Milan/Valencia/villareal/Real Zaragoza, Andres D'alessandro(Inter), Santiago Solari(Ex-Atletico Madrid/Real Madrid/inter/, Julio Cruz(Inter) and many others...

C.A River Plate is ranked among the best in the world, and it has contributed more international players to the National team than any club in Argentina. It has also developed more players into the international market than any other club in the world.

As the official branch of C.A River Plate, in Oceania, it is our responsibility to reproduce, adapt and deliver in Australia the same training standards, method and style of football as our overseas based club.

No secrets!

A Natural talent, a tight control of the ball, an amazing physicality, an advanced game awareness, an excellent vision, a tactical confidence, a very strong personality and a desire to be part of the elite, are some of the main attributes River Plate has identified as necessary to succeed at a high level.

Our program will pin point player's individual, group and team strengths and weaknesses, and it will explore ways to take advantage of the strengths, or to correct some deficiencies.

What it takes!

In today's competitive football world, player's development must be supported by expert coaching, strong parental support and the professional advice of the sport scientists.

Excellent work ethics, playing continuity, low levels external interference supported by a warm human environment must be the foundations of any a successful program.

To model future stars, coaches, parents, doctors and players must work together and understand their specific roles. That's why; The River Plate Football of Australia has chosen the professional support of Life-Care Australia to provide us with all the sport science expertise.

Types of Training

River Plate in Australia has two types of program available for players aged between 6 to 18 years old.

The elite and development trainings.

The development trainings are for players from 6 to 12 years of age. The program predominantly encourages players through repetition to gradually become more comfortable on the ball.

Lateralization, balance and fluent movements, are at this stage the foundation of the player's development.

At the same time a young player should start developing a good football awareness and the tactical confidence, which comes when a player is suited for and understands the requirements of his/her playing position.

The Elite trainings are for players between 13 and 18 years of age, who at this stage, should become more serious about their football ambitions and are looking to get themselves involved in football on full time basis.

As physicality and playing position's specificity increases, specific fitness and positional awareness become the main areas of development for all players.

Players who are playing at the highest level are the best suited technically, tactically and physically for a position on the field.

We don't believe players at this age should be playing here, there and everywhere. The quicker a player settles in a position on the field and perfects his skill in that position, the better the chance of a successful introduction into the highly competitive football market.

A full time training regime is the only way to keep improving all these aspects.

Why do players need a full-time program?

We believe that a responsible full-time program can give our Australian players a better chance to improve skills rapidly and to help them bridge faster the gap between youth and senior football, and therefore have an opportunity to compete with other players in the overseas market.

In Victoria, players at the River Plate play for our junior club and between the individual and team trainings, they have a perfect blend of both individual and team skills...

Other Players train with River Plate but play for their respective club during the season and once that is over; they play for River Plate during the summer.

Both systems work very well and we see a lot of improvements in all players.

The important and crucial factor is that, individual players feel they have an improved sense of direction in their football career.

What about overseas trips?

Overseas trips are costly exercises, and young players shouldn't be sent into the unknown wilderness of foreign country's football, unprepared and unsupported. Most players in overseas elite clubs have been training full-time since the age of 13 years old or thereabouts and they have their families living nearby.

Australian players may be at a disadvantage, at risk of injuries if they have to face the intensity of full time training in an overseas club, without having been involved in similar programs in Australia before traveling and emotionally unsupported as their families are so far away.

CA River Plate is the most prestigious club in South America and it is our commitment to introduce only the best prepared player to our club and in this way to continue opening doors for the future generation of Australian players. When one of our players travels overseas a member of our program who works at CA River Plate for our organization, is available. Players are supervised and supported at all times.

Coaching Staff:

The Coaching and the on-field support group consist of experienced technical/tactical professional coaches and fitness trainers.

All coaches and instructors selected to work with River Plate Oceania must be passionate, follow the River Plate guidelines and be willing to work in a team environment.

Coaches must discuss player's development with player and parents and to complete and submit an individual technical/tactical and fitness assessment report to our office at the end of each program.

Player's information is then loaded into our database in order to build a player's profile to monitor improvement and trends.

Ongoing Support

Life Cares' ongoing support program will consist of a Sport Physiotherapist, Sport Physiologist, Sport Psychologist and Sport Dietician. Players identified as a potential high performance athlete will be asked, to attend an individual muscle skeletal screening, and consultation with each of the professionals, followed up by workshops conducted by each of the specialists.

Website: www.lifecare.com.au

Final Words from the management

It is our firm commitment to make available to junior players in Victoria, the knowledge, the passion and the lessons learnt by our Glorious Club in 106 years of football history.

Thank you for your support and all new members, welcome to our family



*"By far the greatest"
CA River Plate*

*Daniel Santomil
River Plate Oceania Inc
President*

For further information about other services offered by the River Plate Football Australia, press River Plate Oceania in our official website:

www.riverplateaustralia.com